

Personal leadership effectiveness

The leadership program for high potentials.

Sessions

Dates

St. Gallen Business School organizes each seminar and program several times a year. Dates see:

www.sgbs.com/ehp41

Location

Some seminars take place in Switzerland, others in Germany or Austria.

Course fee, Duration

CHF 9'900.- excl. VAT, 4 + 4 days

Invoicing in Euro is possible, at the current daily rate.

Registration

Internet: www.sgbs.com/ehp41

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Phone: +41 71 225 40 80

Please note our General Terms & Conditions, see www.sgbs.com/terms

Participants

1. Performance-oriented high potentials who want to increase their effectiveness and performance
2. Younger managers, entrepreneurs and specialists who want to learn about smart methods that can help them achieve high performance while maintaining a healthy work-life balance
3. Managers who want to achieve significantly more in less time

Construction

Part 1: Advanced Leadership: What makes leadership truly successful. 4 days.

Part 2: Leadership and leadership personality. 4 days.

Topics

Leadership Performance / Exercising Influence / Personality Power

- Consciously control your personal multiplier effect
- Optimizing personal influence behavior
- Why "moments of truth" are of enormous importance
- How can I radiate even more personality strength?

Effectiveness, effectiveness and impact

- Increasing personal effectiveness and performance
- What methods do the best actually use?
- Best practice productivity toolbox
- How to avoid being efficiently ineffective
- Ways out of operations – focus on goals and results

High-Performance Coaching

- Leading employees to personal responsibility through coaching
- Learn and practice modern problem-solving and decision-making methods
- Proven schemes to solve difficult employee situations

Lifestyle, work-life balance

- The combination of performance and life balance
- Focus areas of personal life planning
- The 3 pillars of life: health – work – relationship
- What do studies say about "personal happiness"?
- Mental Cockpit – How do I control emotions

Your benefit

This inspiring program was specifically developed for managers, decision-makers and specialists who want to focus on results and goals. After this training, you will know how to consistently keep the day-to-day operational business at a distance and where you need to start in order to increase your personal effectiveness.